

VOLUME 10 DECEMBER 2021

Scoops of Information & Inspiration!



DURHAM COUNTY DEPARTMENT OF SOCIAL SERVICES



TAKE A PEEK!

Check out our final edition of the year, of our Information & Inspiration news bulletin created with YOU in mind. We hope it has provided you with updates on our numerous programs, while providing you with practical living tips with a healthy dose of INSPIRATION



To get your SCOOPS delivered to your inbox, email:

DCCoDSSPublicInformation@dconc.gov

Make Memories This Holiday Season



There is no better gift than the gift of your PRESENCE. Enjoy your loved ones and develop holiday traditions together!



With the New Year coming upon us, we want you to have these valuable \$ nuggets of advice!

What happens when the \$250+ Child credits end?

bit.ly/3ITj

How to Budget Like a Pro in 4 Simple Steps

bit.ly/3IYszZu

Are Debt Collectors on Social Media?!

bit.ly/324rCOr

What to Do if You have an Eviction on Your Record

bit.ly/32aimbe

RED VELVET GOOEY BUTTER COOKIES

Recipe courtesy of: Karen Clark, FOXY 107/104

Radio Personality

Karen Clark can cook! Follow her on IG to check out her many delicious recipes there!

 @TheKarenClark

Ingredients:

- 1 package Red Velvet Cake Mix
- 8 oz cream cheese, softened
- 1/2 cup butter, softened
- 1 large egg
- 1 tsp pure vanilla extract
- 1/2 cup white chocolate chips
- 1/2 cup powdered sugar



The Low-Income Household Water Assistance Program (LIHWAP) is a NEW temporary program to assist those whose water is cut-off or in jeopardy of being cut-off. Questions? Call us @ 919-560-8000. You can apply online at: epass.nc.gov
Visit our website for more details DCONC.gov/DSS



Red Velvet

RED VELVET GOOEY BUTTER COOKIES (CONTIN.)

Directions:

1. Heat oven to 350 degrees
2. In a large bowl, using an electric mixer, combine butter and cream cheese until fluffy.
3. Add egg and vanilla, mix until completely incorporated, then add cake mix and continue mixing until a dough forms (will be thick.) Fold in white chocolate chips.
4. Place powdered sugar in a small bowl.
5. Using a cookie scoop, form one-inch dough balls and roll into powdered sugar to coat.
6. Place cookies 2-inches apart onto a parchment lined cookie sheet and bake for 10-12 minutes, until centers are set.
7. Cool on wire rack.
8. When completely cooled, dust with powdered sugar.



Karen Clark, graces SCOOPS this month with a delicious holiday cookie! She is a busy mom, chef & mid-day personality at FOXY107/104 radio station. She also serves as the news & public affairs director. Don't miss Karen's delicious gourmet meals on her Instagram page. She is a woman of many talents!



@TheKarenClark

DO YOU NEED HELP WITH YOUR HEATING BILL?



Starting December 1, 2021 DCoDSS will begin taking Applications for LIEAP -- The Low Income Energy Assistance Program. Applicants aged 60+ are eligible, as are those with disabilities and who receive Food & Nutrition Services. **Call (919) 560-8192** to make a virtual appointment with our LIEAP Specialists. On January 3, 2022 all Durham residents may apply online as well at: <https://www.ePassnc.gov>. The LIEAP program ends March 31, 2022.



Social Services

Starting January 3, 2022 all Durham residents can apply for the LIEAP program for energy assistance.

Attention Parents & Guardians!



Are you in need of childcare assistance?

ELIGIBILITY REQUIREMENTS:

- Must be current Durham County resident
- Children ages 0-12;
- Must be currently employed or enrolled in school
- Must be within the income guidelines

BENEFITS:

Over 150 childcare providers to choose from locally
Parent Fee: 10% of monthly gross income
Before/after school and full-time care -Holidays
Summer, & Intermession



Call us, Durham County Child Care Subsidy:
919-560-8300 or email
DSSChildCareWaitList@dconc.gov

Your Mental Health Matters

At this time of year, many people suffer with loneliness and depression. The state provides the HOPE 4 NC hotline for free.. Providing 24/7 support and resources to North Carolinians in need of assistance.

HOPE 4 NC

We're here 24/7 with support and resources.

855.587.3463



hope is on the line



Social Services

Does your tax bill have you stressed?



The Durham Low-Income Homeowners Relief Program (LIHR) may be able to assist you.

You must be in your Durham residence for at least 10 yrs. There are income requirements to meet eligibility. To learn more, visit our website

Hurry the deadline to apply is 12/31/21!

DCONC.gov/DSS

The Best Mental Health Apps of 2021

- Best Overall: Moodfit.
- Best for Learning Coping Skills: MoodMission.
- Best for Therapy: Talkspace.
- Best for Stress Relief: Sanvello.
- Best for Meditation: Calm.
- Best Fun App: Happify.
- Best for Depression: Depression CBT Self-Help Guide.
- Best for BIPOC: Shine





Camryn's 'Forever Family'

We celebrate Bertha & Mac Lyon for adopting Mr. Lyon's paternal cousin, Camryn. The Lyon's are retired empty nester's and knew that they had the heart and home for children. Camryn's adoption was finalized on February 2, 2021, and she is thriving in their home.

In September, 2021 NC had an estimated 11,585 children in foster care; an average of 16,652 children were in care in NC during the period of July 1, 2020 to June 30, 2021. In late November DCoDSS had 302 children in foster care, with approximately 88 children in care with a plan of Adoption. YOU can make a difference in a child's life, like the Lyon's did. Call us, 919-560-8092. Let's have the conversation.



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Happy Holidays from Your Friends at DCoDSS!